

Session – 2024 -25

Officer-In-Charge (Academic)
Shaheed Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

Four-Year Undergraduate Program (2024-2028)
Department of Psychology
Course curriculum
Certificate Course

Program Outcomes (PO)-B.A. Psychology

- PO1:** Have a fundamental knowledge of human behavior and deviancy.
PO2: Understanding the various perspectives to explain behavior.
PO3: Developing a perspective towards this own understanding of normal and abnormal behavior.
PO4: Capability of diagnostic assessment and psychological testing.
PO5: Have an idea of prognosis of various psychological disorder interventions and guiding the choice of therapy.
PO6: Become familiar with diverse professional opportunities available within mental health services.
PO7: Acquires a sense of persistence and continual effort, empathy and responsibility toward sufferers.

Program Specific Outcomes:

- PSO1:** To able to describe and explain human behavior through deep understanding of its theories and approaches.
PSO2: To relate one's behavior to its socio-cultural context.
PSO3: To recognize major events in the historical development of Psychology.
PSO4: To operationalize the concepts of behavior in the lab and real-life situations:
PSO5: To develop and acquire skills of psychological assessment,
PSO6: To be able to progress on the path of higher studies, psychological services and research.

Four-Year Undergraduate Program (2024-2028)
Department of Psychology
Course curriculum
Diploma Course

Program Outcomes (PO)-

- P01:** A Diploma in Psychology Candidate has acquired sufficient relevant knowledge of behavior for the understanding of behavior disorders and pathologic.
P02: The students on complete Diploma shall have a fair knowledge and skills of applying psycho diagnostics
P03: They had on exposition and practical opportunities to try therapeutic Interventions on selected patients.
P04: They are psychologically prepared to join and complete for a professional training program in future.

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Shakya, Raigarh (C.G.)

Pos05: They have a fair knowledge of Psychology course to take on high studies and research.

Program Specific Outcomes -

PS01: To able to describe and explain human behavior through deep understanding of its theories and approaches. Students would be equipped with foundation skills needed to be a psychologist.

PS02- To relate one's behavior to its socio-cultural content students would have knowledge to pursue higher education in Psychology.

P503. To operationalize the concepts of behavior in the lab and real-life situations: students would be able to analyze and resolve psychological issue faced by self and others.

PS04: To develop and acquire "skills of psychological Assessment.

PS05. To be able to progress on the path of higher studies, psychological services and research.

Four-Year Undergraduate Program (2024-2028)

Department of Psychology

Course curriculum

Degree Course

Program Outcomes (PO)-B.A. Psychology

PO 1 Critical Thinking: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

PO 2 Effective Communication: Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.

PO 3 Social Interaction: Elicit views of others, mediate disagreements and help reach conclusions in group settings.

PO 4 Effective Citizenship: Demonstrate empathetic social concern and equity centered national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.

PO 5 Ethics: Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.

PO 6 Environment and Sustainability: Understand the issues of environmental contexts and sustainable development.

PO 7 Self-directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes

Program Specific Outcomes (PSO)-B.A. Psychology

PSO 1 Knowledge of basic concepts of Psychology: To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.

PSO 2 Practical application Skills: An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings

PSO 3 Assessment skills: Basic professional skills pertaining to psychological testing, assessment and counseling.

PSO 4 Multicultural competence: To recognize, understand, and respect the complexity of multiculturalism in the practice and application of counseling and psychotherapy.

Four-Year Undergraduate Program (2024-2028)
Department of Psychology
Course curriculum
Honors Course

Program Outcomes (PO)-B.A. Psychology

PO 1: Students will learn scientific methods, basic psychological processes and perspectives in Psychology

PO 2: Students will develop skills to live in the social world by understanding psycho aspects of various social phenomena, errors in interaction and theoretical approaches of behavior.

PO 3: Students will be equipped with skills to identify and diagnose mental disorders causal and appropriate treatment of different disorders.

PO 4: Skilful to identify strategies to Manage organizations more effectively and will be in topics like Leadership, Motivation, Power, Conflict, Negotiation, etc.

PO 5: Gain familiarity with skills of observation and scientific reporting in psychology; training, planning and conducting a psychological experiment.

PO 6: Equipped with theoretical knowledge, approaches and issues of counseling.

PO 7: Acquaint with different mental health problems of children and elderly through internship.

PO 8: Familiar with psychological instruments and tools and developed the ability to und self and others.

PO 9: Familiar with biological basis of behavior and basic statistical methods psychological research.

PO 10: Student will have theoretical knowledge on the process and nature of child development.

PO 11: Develop basic skills in conducting scientific research

Program Specific Outcomes (PO)-B.A. Psychology

PSO1: Student of Advance Course of Psychology to grow in sensitivity, sympathy and empathy towards others.

PSO2: Students are Learn to work in a team and develop leadership qualities, accept and respect individual differences and work with responsibility and Commitment.

PSO3: Students also develop an understanding about inclusive education and its benefits through the social outcome Outreach Program.

PSO 4: Students are encouraged to conduct short empirical and archival researches so that they develop an understanding about application of statistics and research methodology.




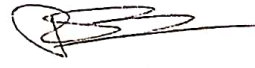


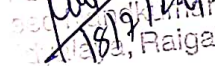
PS05: Students are trained to present papers in Seminars and also get the research paper Published in reputed journals.

PS06: Students gather exhaustive Knowledge in different areas pertaining to psychology. It helps student to get an understanding, about the practical applications, implications and generalizations about the different aspects of the Subject from book to real life situations.

PS07: with extensive field community and hospital settings the program would make the candidate competent to deal with patients and other needy people.

PS08: Through supervised training the candidate would have acquired professional skill to go for ethical and responsible practice.

PS09: The program would have turned them an empathetic individual working to enhance the happiness and well-being.

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Officer-In-Charge (Academics):
Shahood Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction

Program: Bachelor in Arts <i>(Certificate/Diploma/Degree/Honors)</i>		Semester-I	Session:2024-2025
1	Course Code	PSSC-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Learning what psychology is all about. ➤ Appreciation of the scope and the field of psychology. ➤ Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain ➤ Developing familiarity with individual level phenomenon such as intelligence, and personality.	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40

PART-B: Content of the Course

Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)

Unit	Topics (Course contents)	No. of Period
I	Introduction: 1.1 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology 1.2 Psychology in India: History and current status 1.3 Methods of psychology: Introspection, Observation, Experiment and Interview 1.4 Biological basis of human behavior: Nervous System and Glands	12
II	Learning, Memory and Perception 2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning); 2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory) 2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory	11
III	Motivation & Emotion 3.1 Approaches to understand Motivation; Maslow and Arousal theory 3.2 Types of Motives (Biological and Social) 3.3 Emotion ; Nature and type	11

	3.4 Emotional Intelligence and Gender	
IV	Individual differences: Personality and Intelligence	
	4.1 Nature of Personality and Intelligence	11
	4.2 Personality: Theories Nature concept, Big Five Personality Traits	
	4.3 Intelligence: Theories (Spearman, Thurston)	
Keywords	Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Mangal, S.K. (2016), General Psychology first edition, Sterling
2. Shrivastav , D.N. (2012), General Psychology first edition, Agrawal Publications , Sanjay Nagar, Agra
3. Shrivastav , D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications , Sanjay Nagar, Agra
4. Singh , A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
5. Singh , A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
6. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
7. Baron, R.& Misra. G.(2014) *Introduction to Psychology*. New Delhi: Pearson
8. Ciccarelli,S.K.&White,J.N.&Misra,G.(2018). *Psychology*. New Delhi: Pearson Education.
9. Morgan, CT.,King, R., Weisz,J.& Schopler,J.(2017). *Introduction to Psychology*(7thEd). McGraw Hills.
10. Panel Gullybabacom, General Psychology, Gullybaba Publishing House Pvt. Ltd

Reference Books Recommended

1. Holt,N.,Bremner,A.,Sutherland,E.,Vliek,M.andPasser,M.,&Smith,R.(2015). *Psychology: The Science of Mind and Behaviour*. London: Tata McGraw-Hill
2. Banyard, P., Davies , M. N.O., Norman, C. & Winder, B. (Eds.) (2010). *Essential psychology*. New Delhi: SAGE Publications

Online Resources-

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources-

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 100 Marks
Continuous Internal Assessment (CIA): 30 Marks
End Semester Exam (ESE): 70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

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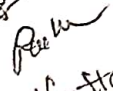
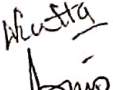





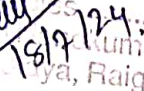
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Chairman
Shahood Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)


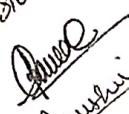






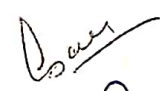
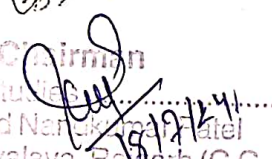
FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester- I	Session:2024-2025
1	Course Code	PSSC-01P	
2	Course Title	Lab Course -1 (Experiment &Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> ➤ Concept clarification ➤ Applicability of skill development ➤ Develop analytical thinking 	
6	Credit Value	01 Credit	Credit =30 Hours Laboratory or Field learning/Training
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Experiment	Topics	No. of Period	
1	Effect of set on Perception	30	
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
Activity	<p>The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.</p>		
Keywords	Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition		

PART-C		
Learning Resources: Text Books, Reference Books and Others		
Text Books Recommended		
1. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications, Sanjay Nagar, Agra		
2. Woodworth, R.S. & Schlosberg, H. (1954). Experimental Psychology Oxford & IBH Publishing company Pvt. Ltd., New Delhi		
Online Resources-		
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➤ Swayam Central		
https://swayam.gov.in		
➤ youtube		
Online Resources-		
e-Resources/e-books and e-learning portals		
➤ https://egyankosh.ac.in/		
➤ https://epgp.inflibnet.ac.in/Home		
➤ https://ndl.iitkgp.ac.in/homestudy/humanities		
Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar +Attendance - 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)-20	
	B. Spotting based on tools & technology (written) (Report writing)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members of CBoS:











 Chairman
 Shri Narayana Kumar Patel
 Vidyalyaya, Raigarh (C.G)

Officer-In-Charge (Academic)
 Shri Narayana Kumar Patel
 Vishwavidyalaya, Raigarh (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester– II	Session:2024-2025
1	Course Code	PSSC-02T	
2	Course Title	Psychology of Disorders	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Establish the criteria of Normality and Abnormality. ➤ Learns about the Models of Psychopathology. ➤ Get equipped with Assessment of Psychopathology. ➤ Acquire the general idea of Anxiety Disorders and Obesity. ➤ Know the facts about Mood Disorders, & Personality Disorders.	
6	Credit Value	03 Credit	(Credit=15Hours-learning& Observation)
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Psychopathology 1.1 The concept and criterion of Normality and Abnormality 1.2 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive		12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI		11
III	Anxiety 3.1Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)		11
IV	Mood and Personality Disorders 4.1 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder		11
Keywords	Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder		

PART-C**Learning Resources: Text Books, Reference Books and Others****Text Books Recommended**

1. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd
2. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.
3. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill
4. G. Sarason Irwin & R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education
5. Singh, L. & Tiwari. G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar.
6. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi

Reference Books Recommended

1. Buss, A.H. (1999) – Psychopathology N.Y .John Wilcy
2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson

Online Resources–**e-Resources/e-books and e-learning portals**

- Swayam Central
<https://swayam.gov.in>
- Youtube

Online Resources–**e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:****Maximum Marks: 100 Marks****Continuous Internal Assessment (CIA): 30 Marks****End Semester Exam (ESE): 70 Marks****Continuous Internal Assessment (CIA): (By Course Teacher)**

Internal Test / Quiz-(2): 20 +20

Assignment / Seminar - 10

Total Marks - 30

Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks

End Semester Exam (ESE):**Two section – A & B**

Section A: (I) Objective Type Questions 10x1=10 Marks

(II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks

Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks

Name and Signature of Convener & Members of CBoS:

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18/12/24
Shahood Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G)

Officer-In-Charge (Academic)
Shahood Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors))		Semester– II	Session:2024-2025
1	Course Code	PSSC-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will develop : ➤ Assessment Ability ➤ Understanding of Psychological Test	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)	No. of Period	
1	Anxiety Test	30	
2	Big Five Personality test		
3	Depression Test		
4	Intelligence Test		
Keywords	Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
Text Books Recommended	
1. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 2. Buss, A.H. (1999) – Psychopathology N.Y. John Wilcy 3. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson 4. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra	
Online Resources–	
e-Resources/e-books and e-learning portals	
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Chairman
 Studies
 Nandkumar Patel
 (C.G.)

Officer-In-Charge (Academic)
 Shashid Nandkumar Patel
 Vishwavidyalaya, Raigarh (C.G.)

Online Resources-**e-Resources/e-books and e-learning portals**

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks

Internal Assessment:	Internal Test/ Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Conduction of Test)- 20 B. Spotting based on tools & technology (written) (Report writing)- 10 C. Viva-voce (based on principle/technology) - 05 Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

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18/12/24
Vishwavidyalaya, Raigarh (C.G.)

Officer-In-Charge (Academic)
Shahood Nandhramar Patel
Vishwavidyalaya, Raigarh (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction

Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester-I	Session:2024-2025
1	Course Code	PSGE-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	Generic Elective	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Learning what psychology is all about. ➤ Appreciation of the scope and the field of psychology. ➤ Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain ➤ Developing familiarity with individual level phenomenon such as intelligence, and personality. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40

PART-B: Content of the Course

Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)

Unit	Topics (Course contents)	No. of Period
I	<p>Introduction:</p> <p>1.5 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology</p> <p>1.6 Psychology in India: History and current status</p> <p>1.7 Methods of psychology: Introspection, Observation, Experiment and Interview</p> <p>1.8 Biological basis of human behavior: Nervous System and Glands</p>	12
II	<p>Learning, Memory and Perception</p> <p>2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning);</p> <p>2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory)</p> <p>2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory</p>	11
III	<p>Motivation & Emotion</p> <p>3.5 Approaches to understand Motivation; Maslow and Arousal theory</p> <p>3.6 Types of Motives (Biological and Social)</p> <p>3.7 Emotion ; Nature and type</p>	11

	3.8 Emotional Intelligence and Gender	
IV	Individual differences: Personality and Intelligence 4.3 Nature of Personality and Intelligence 4.4 Personality: Theories Nature concept, Big Five Personality Traits 4.3 Intelligence: Theories (Spearman, Thurston)	11
Keywords	<i>Nervous system, Motivation, Emotion, Learning, Memory, Perception, Emotional Intelligence, Personality, Intelligence</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

11. Mangal, S.K. (2016), General Psychology first edition, Sterling
12. Shrivastav, D.N. (2012), General Psychology first edition, Agrawal Publications, Sanjay Nagar, Agra
13. Shrivastav, D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications, Sanjay Nagar, Agra
14. Singh, A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar, New Delhi
15. Singh, A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar, New Delhi
16. Ajimurahaman (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar, New Delhi
17. Baron, R. & Misra, G. (2014) *Introduction to Psychology*. New Delhi: Pearson
18. Ciccarelli, S.K. & White, J.N. & Misra, G. (2018). *Psychology*. New Delhi: Pearson Education.
19. Morgan, C.T., King, R., Weisz, J. & Schopler, J. (2017). *Introduction to Psychology* (7th Ed). McGraw Hills.
20. Panel Gullybabacom. General Psychology, Gullybaba Publishing House Pvt. Ltd

Reference Books Recommended

1. Holt, N., Bremner, A., Sutherland, E., Vlieg, M. and Passer, M., & Smith, R. (2015). *Psychology: The Science of Mind and Behaviour*. London: Tata McGraw-Hill
2. Banyard, P., Davies, M. N.O., Norman, C. & Winder, B. (Eds.) (2010). *Essential psychology*. New Delhi: SAGE Publications

Online Resources-

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources-

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester- I	Session:2024-2025
1	Course Code	PSGE-01P	
2	Course Title	Lab Course -1 (Experiment &Activity)	
3	Course Type	Generic Elective (Laboratory Course)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Concept clarification ➤ Applicability of skill development ➤ Develop analytical thinking	
6	Credit Value	01 Credit	Credit =30 Hours Laboratory or Field learning/Training
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Experiment	Topics		No. of Period
1	Effect of set on Perception		30
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
Activity	The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.		
Keywords	Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition		

Shubh

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Shubh

Chairman

Shahood Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

PART-C		
Learning Resources: Text Books, Reference Books and Others		
Text Books Recommended		
3. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications , Sanjay Nagar, Agra 4. Woodworth, R.S. &Schlosberg, H. (1954). Experimental Psychology Oxford &IBH Publishing company Pvt. Ltd., New Delhi		
Online Resources-		
e-Resources/e-books and e-learning portals		
➤ Swayam Central https://swavam.gov.in ➤ youtube		
Online Resources-		
e-Resources/e-books and e-learning portals		
➤ https://egyankosh.ac.in/ ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities		
Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar +Attendance - 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Conduction of Experiment)-20 B. Spotting based on tools & technology (written) (Report writing)- 10 C. Viva-voce (based on principle/technology) - 05 Total Marks- 35	

Name and Signature of Convener & Members of CBOS:

Rishi
Prajapati Shrivastava
Lakshmi
Arun

Arun
Soni
Leela

Dash - Dr. Rakita Shrivastava
Panch - Jayshree Panchangam
Arutty - Alka Kerketta
Konoo - Deepa Boina
- Chanshyam Thar
Anush - Dr. A. Deouskar

Dr. A.

B. L. Sankh Page | 110

Chairman
Students
S. K. Patil
Rajgarh

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester- II	Session:2024-2025
1	Course Code	PSGE-02T	
2	Course Title	Psychology of Disorders	
3	Course Type	Generic Elective	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> ➤ Establish the criteria of Normality and Abnormality. ➤ Learns about the Models of Psychopathology. ➤ Get equipped with Assessment of Psychopathology. ➤ Acquire the general idea of Anxiety Disorders and Obesity. ➤ Know the facts about Mood Disorders, & Personality Disorders.	
6	Credit Value	03 Credit	(Credit=15Hours-learning&Observation)
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Psychopathology 1.4 The concept and criterion of Normality and Abnormality 1.5 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive		12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI		11
III	Anxiety 3.1Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)		11
IV	Mood and Personality Disorders 4.2 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder		11
Keywords	Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder		

Shubh
Amish

Harish
Ravi
Shruti

Shruti
Amish

Chairman
Shahad Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G)

Page | 111

Officer-In-Charge (Academic)
Shahad Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

PART-C**Learning Resources: Text Books, Reference Books and Others****Text Books Recommended**

7. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd
8. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.
9. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill
10. G. Sarason Irwin & R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education
11. Singh, L. & Tiwari, G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar.
12. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi

Reference Books Recommended

1. Buss, A.H. (1999) – Psychopathology N.Y .John Wilcy
2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson

Online Resources–**e-Resources/e-books and e-learning portals**

- Swayam Central
<https://swayam.gov.in>
- Youtube

Online Resources–**e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks: 100 Marks
 Continuous Internal Assessment (CIA): 30 Marks
 End Semester Exam (ESE): 70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
	Assignment / Seminar - 10	
	Total Marks - 30	
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

Name and Signature of Convener & Members of CBoS:

(Signatures)
 Convener
 Member
 Member
 Member

(Signatures)
 Chairman
 Studies
 Head Nandkumar Patel
 Raigarh (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors))		Semester– II	Session:2024-2025
1	Course Code	PSGE-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Generic Elective (Laboratory Course)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will develop : ➤ Assessment Ability ➤ Understanding of Psychological Test	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)	No. of Period	
1	Anxiety Test	30	
2	Big Five Personality test		
3	Depression Test		
4	Intelligence Test		
Keywords	Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
Text Books Recommended	
5. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 6. Buss, A.H. (1999) – Psychopathology N.Y. John Wilcy 7. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson 8. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra	
Online Resources–	
e-Resources/e-books and e-learning portals	
Swayam Central https://swayam.gov.in https://egyankosh.ac.in/handle/123456789/4448	

Chairman
 of Studies
 Dr. Shaheed Nandikumar Patel
 Vishwavidyalaya, Raigarh

Officer-In-Charge (Academic)
 Shaheed Nandikumar Patel
 Vishwavidyalaya, Raigarh (C.G.)

Online Resources-

e-Resources/e-books and e-learning portals

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment:	Internal Test/ Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - 05	
	Total Marks - 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Test)-	20
	B. Spotting based on tools & technology (written) (Report writing)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

Shubha
Barbhaanti Shukla

Shubha
Barbhaanti Shukla

Aashu
Aashu

Rachita - Dr. Rachita Shrivastava

Panch - Jayshree Panchangam

Alketa - Alka Kerketta

Amrita - Anjali Bhowmik

Chandrashekar - Chandrashekar

Dr. A. Deoushan

Dr. B. Harin

Dr. B. K. Sankar

Chairman
of Studies
Nandkumar Patel
18/11/19
Raigarh (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester- I/III/V
		Session:2024-2025
1	Course Code	PSVAC- 01
2	Course Title	Stress Management
3	Course Type	Value Added Course
4	Pre-requisite(if, any)	<i>As per program</i>
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Learn the concept and causes of stress. ➤ Understand the various techniques of stress management.
6	Credit Value	02 Credit <i>Credit = 15 Hours - learning & Observation</i>
7	Total Marks	Max.Marks:50 MinPassingMarks:20
PART-B: Content of the Course		
Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)		
Unit	Topics (Course contents)	No. of Period
I	Stress: 1.1 Stress: Concept, Symptoms and 1.2 Sources of Stress (Physical, Emotional, Family& Relationship, Financial, Psychological, Work & Workplace Stress and Daily Hassles)	08
II	Stress and Health: 2.1 Stress and Health: Factors that influence Stress 2.2 Reaction to Stress 2.3 Effects of Stress on Health	07
III	Managing Stress: 3.1 Managing Stress: Yoga and Meditations 3.2 Relaxation Training and Biofeedback.	08
IV	Stress and Coping: 4.1 Effective Coping (Meditation , Yoga, Breathing Exercise, Sleep Routine and Nutritional Diet) 4.2 Ineffective Coping (Addiction , Self- Harm and Negative Self- Talks)	07
Keywords <i>Stress, Symptoms, Sources, Yoga, Meditation Relaxation, Addiction, Negative Self- Talk</i>		

Signature of Convener &Members (CBoS):

PART-C
Learning Resources: Text Books, Reference Books and Others
Text Books Recommended 1) An Introduction to Stress Benjamin B. Lahey. 2). Psychology and work today Duane Schultz. Sydney Ellen Schultz. 3.) Carr A. (2004). Positive Psychology: The science of happiness and human strength. UK: Routledge. 4. DiMatteo, M.R. and Martin, L.R. (2002). Health Psychology. New Delhi: Pearson.

Page | 115

Officer-In-Charge (Academic)
 Chahand Nandkumar Patel
 Raigarh (C.G.)

Chairman
 Studies
 Nandkumar Patel
 Raigarh (C.G.)

Online Resources–

- e-Resources/e-books and e-learning portals
- <https://www.investopedia.com/terms/s/swot.asp>
- <https://www.medicalnewstoday.com/articles/eustress-vs-distress#influential-factors>
- <https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=1kr76qw2h+vltP6ZdaFVbg>

Online Resources–**e-Resources/e-books and e-learning portals**

- Swayam Central
<https://swayam.gov.in>
- youtube

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:****Maximum Marks: 50 Marks****Continuous Internal Assessment (CIA): 15 Marks****End Semester Exam (ESE): 35 Marks**

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar + Attendance - 05 Total Marks - 15	
End Semester Exam (ESE):	Two section – A & B	5 x1= 05 Mark; 5x2 =10Marks 4x05 =20 Marks Total Marks = 35
	Section A: Q1. Objective – Q2. Short answer type- Section B: Descriptive answer type qts., 1 out of 2 from each unit-	

Name and Signature of Convener & Members of CBoS:

Dr. B. Hara
Dr. B. Hara
Dr. B. Hara

Dr. B. Hara
Dr. B. Hara
Dr. B. Hara

Dr. B. Hara

Dr. B. Hara

Dr. B. Hara

Dr. B. Hara

Dr. B. Hara

Dr. B. Hara

Dr. B. Hara

Dr. B. Hara

Dr. B. Hara

Officer-In-Charge (Academic)
Shaheed Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate / Diploma / Degree/Honors)		Semester-II/IV	Session:2024-2025
1	Course Code	PSSEC- 01	
2	Course Title	Statistical Package for Science & Social Science (EXCEL, SPSS)	
3	Course Type	Skill Enhancement Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: ➤ Basic understanding of statistics ➤ Skills on statistical calculation and analysis through soft wares	
6	Credit Value	02 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
PART -B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)			
Module / Unit	Topics (Course contents)		No. of Period
I	1.1 Nature and characteristics of a computer 1.2 Types of computer		08
II	2.1 What is Google form 2.2 How to create Google form, 2.3 Characteristics and functions of Google form.		07
III	3.1 Functions of Excel, and SPSS; 3.2 Data Entry in Excel & SPSS, 3.3 Central Tendencies & Variability		08
IV	4. 1 What is Diagrammatic Representation of data. 4.2 Diagrammatic Representation of Data through Excel and SPSS 4.3 Power Point Presentation of Data		07
Keywords	Computer , Statistics, Google form ,Excel, SPSS Central tendency, Diagrammatic representation		

Dr. B. K. Sankh
Dr. B. K. Sankh
Dr. B. K. Sankh

Dr. B. K. Sankh

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Dr. B. K. Sankh
Dr. B. K. Sankh
Dr. B. K. Sankh

Dr. B. K. Sankh
Dr. B. K. Sankh
Dr. B. K. Sankh

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended –

1. Prasad, L.& Mishra, P.(2022) Data Analysis Using SPSS: Text and Cases, for Researchers, Teachers and Students, Nirali Prakashan
2. Field, A.(2019) Discovering Statistics using IBM SPSS Statistics, SAGE Publications India Pvt Ltd
3. Davis, C. (2013) SPSS step by step: Essentials for social and political science, Bristol University Press,
4. Ghosh, M. (2023) Business Statistics Using Excel, SPSS, and R., Cengage Learning India Pvt. Ltd.

Online Resources–

e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources–

e-Resources / e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar +Attendance - 05 Total Marks - 15	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15Marks
End Semester Exam (ESE):	Two section – A & B	
	Section A: Google Form Creation -	10 Marks
	Section B: Data Entry in Excel &PPT Presentation -	10 Marks
	Viva -	15 Marks
	Total Marks-	35 Marks

Name and Signature of Convener & Members of CBoS:

Dr. A. Deouskar
Convener

Dr. A. Deouskar

Dr. Rajchit Shrivastava
Member

Dr. B. K. Sankar

Dr. Sushree Panchangam
Member

Dr. A. K. Kerketta
Member

Chairman
Shaheed Nandkumar Patel
Raigarh (C.G.)

शहीद नंदकुमार पटेल विश्वविद्यालय, रायगढ़ (छ.ग.)

(छत्तीसगढ़ विश्वविद्यालय अधिनियम 1973 द्वारा स्थापित राजकीय विश्वविद्यालय)



राष्ट्रीय शिक्षा नीति – 2020
के तहत तृतीय एवं चतुर्थ सेमेस्टर
नवीन पाठ्यक्रम
(सत्र 2025–26)

सन्तोषिज्ञान

FOUR YEAR UNDERGRADUATE PROGRAM (NEP-2020)

Program: Bachelor in Arts (2024 -28)

DISCIPLINE – PSYCHOLOGY

Session – 2024 -25

DISCIPLINE SPECIFIC COURSE DSC- 01 TO 08		DISCIPLINE ELECTIVEC COURSE (DSE)- 01 TO 12	
CODE	TITLE	CODE	TITLE
PSSC-01T	Introduction To Psychology	PSSE -01T	Applied Cognitive Psychology
PSSC-01P	Lab. Course -1 (Experiment and Activity)	PSSE -01P	Lab. Course -1(Experiment and Activity)
PSSC-02T	Psychopathology	PSSE -02T	Positive Psychology
PSSC-02P	Lab. Course -2 (Psychological Testing)	PSSE -02P	Lab. Course -2(Psychological Testing)
PSSC-03T	Foundation of Social Psychology	PSSE -03T	Sports And Exercise Psychology
PSSC-03P	Lab. Course -3t(Experiment and Activity)	PSSE -03P	Lab. Course -3 (Activity)
PSSC-04T	Psychological Assessment	PSSE -04T	Psychology of Health And Yoga
PSSC-04P	Lab. Course -4 (Psychological Testing)	PSSE -04P	Lab. Course -4 (Activity)
PSSC-05T	Quantitative Data Analysis	PSSE -05T	Educational Psychology
PSSC-05P	Lab. Course -5 (Activity)	PSSE -05P	Lab. Course -5 (Activity)
PSSC-06T	Personality Psychology	PSSE -06T	Community Psychology
PSSC-06P	Lab. Course -6 (Activity)	PSSE -06P	Lab. Course -6 (Activity)
PSSC-07T	Human Development	PSSE -07T	Fundamentals of Clinical Psychology- I
PSSC-07P	Lab. Course -7 (Activity)	PSSE -07P	Lab. Course -7 (Activity)
PSSC-08T	Fundamentals Of Counseling	PSSE -08T	Human Resource Management
PSSC-08P	Lab. Course -8 (Activity)	PSSE -08P	Lab. Course -8 (Activity)
		PSSE -09T	Forensic Psychology
		PSSE -09P	Lab. Course -9 (Activity)
		PSSE -10T	Environmental Psychology
		PSSE -10P	Lab. Course -10 (Activity)
		PSSE -11T	Fundamentals Of Clinical Psychology- II
		PSSE -11P	Lab. Course -11 (Activity)
		PSSE -12T	Organizational Psychology
		PSSE -12P	Lab. Course -12 (Activity)
GE – 01&02		VAC	
PSGE- 01T	Introduction To Psychology	PSVAC-01	Stress Management
PSGE- 01P	Lab. Course -1 (Experiment and Activity)	SEC	
PSGE- 02T	Psychopathology	PSSEC-01	Statistical Package for Science & Social Science(Excel, SPSS)
PSGE- 02P	Lab. Course -2 (Psychological Testing)		

(Signature)
Vishwavidyalaya

(Signature)
Pankaj

(Signature)
Dr. Rachita Shrivastava

(Signature)
Mishra
Alka Kerketta

(Signature)
Dr. Priyanka Bishnoi

(Signature)
Dr. Babbarat Shukla
Dr. Priyanka Bishnoi

(Signature)
A. Deoushwar

(Signature)
Chandhyon Thakur
Pamela Jayshree

Page | 1

Officer-In-Charge (Academic)
Shaheed Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

Chairman
of Studies
Shaheed Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

अध्यक्ष
श्री. नंदकुमार पटेल
विश्वविद्यालय, रायगढ़ (ज.ग.)

Four-Year Undergraduate Program (2024-2028)
Department of Psychology
Course curriculum
Certificate Course

Program Outcomes (PO)-B.A. Psychology

- PO1:** Have a fundamental knowledge of human behavior and deviancy.
PO2: Understanding the various perspectives to explain behavior.
PO3: Developing a perspective towards this own understanding of normal and abnormal behavior.
PO4: Capability of diagnostic assessment and psychological testing.
PO5: Have an idea of prognosis of various psychological disorder interventions and guiding the choice of therapy.
PO6: Become familiar with diverse professional opportunities available within mental health services.
PO7: Acquires a sense of persistence and continual effort, empathy and responsibility toward sufferers.

Program Specific Outcomes:

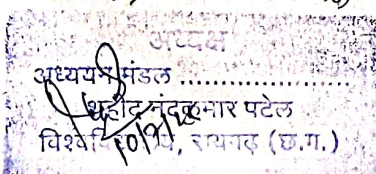
- PSO1:** To able to describe and explain human behavior through deep understanding of its theories and approaches.
PSO2: To relate one's behavior to its socio-cultural context.
PSO3: To recognize major events in the historical development of Psychology.
PSO4: To operationalize the concepts of behavior in the lab and real-life situations;
PSO5: To develop and acquire skills of psychological assessment,
PSO6: To be able to progress on the path of higher studies, psychological services and research.

Four-Year Undergraduate Program (2024-2028)
Department of Psychology
Course curriculum
Diploma Course

Program Outcomes (PO)-

- PO1:** A Diploma in Psychology Candidate has acquired sufficient relevant knowledge of behavior for the understanding of behavior disorders and pathologic.
PO2: The students on complete Diploma shall have a fair knowledge and skills of applying psycho diagnostics
PO3: They had on exposition and practical opportunities to try therapeutic Interventions on selected patients.
PO4: They are psychologically prepared to join and complete for a professional training program in future.

Page | 2



Officer-In-Charge (Academic)
Shaheed Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

Chairman
i Study
Shaheed Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

Pos05: They have a fair knowledge of Psychology course to take on high studies and research.

Program Specific Outcomes -

PS01: To able to describe and explain human behavior through deep understanding of its theories and approaches. Students would be equipped with foundation skills needed to be a psychologist.

PS02- To relate one's behavior to its socio-cultural content students would have knowledge to pursue higher education in Psychology.

PS03. To operationalize the concepts of behavior in the lab and real-life situations: students would be able to analyze and resolve psychological issue faced by self and others.

PS04: To develop and acquire "skills of psychological Assessment.

PS05. To be able to progress on the path of higher studies, psychological services and research.

Four-Year Undergraduate Program (2024-2028)

Department of Psychology

Course curriculum

Degree Course

Program Outcomes (PO)-B.A. Psychology

PO 1 Critical Thinking: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

PO 2 Effective Communication: Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.

PO 3 Social Interaction: Elicit views of others, mediate disagreements and help reach conclusions in group settings.

PO 4 Effective Citizenship: Demonstrate empathetic social concern and equity centered national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.

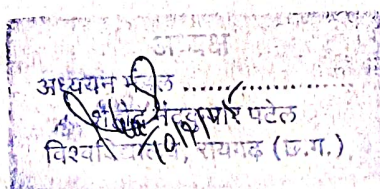
PO 5 Ethics: Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.

PO 6 Environment and Sustainability: Understand the issues of environmental contexts and sustainable development.

PO 7 Self-directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes

Program Specific Outcomes (PSO)-B.A. Psychology

PSO 1 Knowledge of basic concepts of Psychology: To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.



Officer-In-Charge (Academic)
Shahood Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

Chairman
Shahood Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)
18/12/24

PSO 2 Practical application Skills: An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings

PSO 3 Assessment skills: Basic professional skills pertaining to psychological testing, assessment and counseling.

PSO 4 Multicultural competence: To recognize, understand, and respect the complexity of multiculturalism in the practice and application of counseling and psychotherapy.

Four-Year Undergraduate Program (2024-2028)

Department of Psychology

Course curriculum

Honors Course

Program Outcomes (PO)-B.A. Psychology

PO 1: Students will learn scientific methods, basic psychological processes and perspectives in Psychology

PO 2: Students will develop skills to live in the social world by understanding psycho aspects of various social phenomena, errors in interaction and theoretical approaches of behavior.

PO 3: Students will be equipped with skills to identify and diagnose mental disorders causal and appropriate treatment of different disorders.

PO 4: Skilful to identify strategies to Manage organizations more effectively and will be in topics like Leadership, Motivation, Power, Conflict, Negotiation, etc.

PO 5: Gain familiarity with skills of observation and scientific reporting in psychology; training, planning and conducting a psychological experiment.

PO 6: Equipped with theoretical knowledge, approaches and issues of counseling.

PO 7: Acquaint with different mental health problems of children and elderly through internship.

PO 8: Familiar with psychological instruments and tools and developed the ability to und self and others.

PO 9: Familiar with biological basis of behavior and basic statistical methods psychological research.

PO 10: Student will have theoretical knowledge on the process and nature of child development.

PO 11: Develop basic skills in conducting scientific research

Program Specific Outcomes (PO)-B.A. Psychology

PSO1: Student of Advance Course of Psychology to grow in sensitivity, sympathy and empathy towards others.

PSO2: Students are Learn to work in a team and develop leadership qualities, accept and respect individual differences and work with responsibility and Commitment.

PSD3: Students also develop an understanding about inclusive education and its benefits through the social outcome Outreach Program.

PSO 4: Students are encouraged to conduct short empirical and archival researches so that they develop an understanding about application of statistics and research methodology.

PS05: Students are trained to present papers in Seminars and also get the research paper Published in reputed journals.

PS06: Students gather exhaustive Knowledge in different areas pertaining to psychology. It helps student to get an understanding, about the practical applications, implications and generalizations about the different aspects of the Subject from book to goal life situations.

PS07: with extensive field community and hospital settings the program would make the candidate competent to deal with patients and other needy people.

PS08: Through supervised training the candidate would have acquired professional skill to go for ethical and responsible practice.

PS09: The program would have turned them an empathetic individual working to enhance the happiness and well-being.

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 Ravi
 Mehta
 Bhojas
 Paruch

Anand
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 Bhojas
 Shuman
 18/9/24
 Dr. Anshu Kumar Patel
 Indraprastha, Raigarh (C.G.)

Officer-In-Charge (Academic)
Shaheed Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

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10/7/25

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction

Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester- III		Session:2024-2025
1	Course Code	PSSC-03T		
2	Course Title	Foundation of Social Psychology		
3	Course Type	Discipline Specific Course (DSC)		
4	Pre-requisite(if, any)	As per program		
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Understanding the basic social psychological concepts and familiarize with relevant methods. ➤ Understanding the applications of social psychology to social issues like gender, environment, health, intergroup conflicts, etc. ➤ Developing skills pertaining to mapping of social reality and ➤ Understanding how people evaluate social situations. ➤ Familiarizing with the concepts of social affect and affective ➤ Processes including people's harming and helping behaviors. 		
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation	
7	Total Marks	Max.Marks:100		Min Passing Marks:40

PART-B: Content of the Course

Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)

Unit	Topics(Course contents)	No. of Period
I	Introduction 1.1 Definition and nature of social psychology 1.2 Methods of social psychology: Sociometry and Focus Group Discussion 1.3 Applications of social psychology: Intergroup conflicts & Influence of social media	12
II	Social Cognition and Attitudes 2.1 Perceiving self and others: Self-concept and self-esteem, Impression formation, Impression Management. 2.2 Attitudes: Nature and measurement, attitude change	11
III	Affective Processes in Social Context: 3.1 Social affects (concepts of guilt, shame, envy, gratitude, forgiveness & compassion) 3.2 Pro-social behavior 3.3 Aggression and social violence	11
IV	Group Processes and Collective Behavior: 4.1 Group: Nature and group formation 4.2 Group and performance: Social facilitation, Social loafing and social conformity	11

	4.3 Leadership: Qualities of Leaders and types of Leadership: Democratic, Autocratic and Laissez-Faire.	
Keywords	<i>Social psychology, Sociometry, Focus group discussion, Pro social behavior, Aggression Social violence, Group process, Collective behavior</i>	

PART-C
Learning Resources: Text Books, Reference Books and Others
Text Books Recommended
<ol style="list-style-type: none"> 1. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson. 2. Branscombe, N.R. & Baron, R. A., (2017) Social Psychology (14th Ed.) New Delhi, India: Pearson. 3. Singh, A.K. (2021) Samaj Manovigyan ki Ruprekha (12th Ed.) Motilal Banarsidas INT. Delhi. 4. Suleman, Md. (2014) Uchhattar Samaj Manovigyan Motilal Banarsidas INT. Delhi. 5. Tripathi, L.B. (2016) Ahunik Samaj Manovigyan (4th Ed.) Pawan Printers, Agra
Reference Books Recommended
<ol style="list-style-type: none"> 1. Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall. 2. Husain, A. (2012). Social psychology. New Delhi, India: Pearson. 3. Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill. 4. Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson
Online Resources–
e-Resources/e-books and e-learning portals <ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube
Online Resources–
e-Resources/e-books and e-learning portals <ul style="list-style-type: none"> ➤ https://egvankosh.ac.in/handle/123456789/4448 ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities

Dr. Shukla

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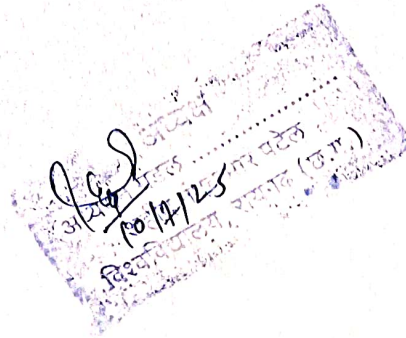
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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– III	Session:2024-2025
1	Course Code	PSSC-03P	
2	Course Title	Lab Course -3 (Experiment and Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: ➤ Concept clarification ➤ Applicability skill development ➤ Development of analytical thinking	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Experiment	Topics(Course contents)		No. of Period
1	Effect of Order of Information on Person-Perception		30
2	Social Facilitation		
3	Effect of Leadership on Performance		
4	Effect of Group on Decision Making		
Activity	(ANY ONE) 1. To study Bystander Effect: Using actor and confederates to see how children standing outside the canteen/ garden of college respond to the actor fainting. Behavioral response as well as the time taken by children in responding to the “fainting” actor is recorded and analyzed. 2. Analysis of News in National daily’s (Newspapers in Hindi, English and other languages), identifying news of unethical/immoral incidents, making a list of incidents for a month, then classifying it according to types of incidents and also analyzing underlying values and bases of moral behavior, and the kind of social problem associated with it.		
Keywords	Bystander Effect, News Analysis, Person-Perception, Social Facilitation, Leadership, Decision Making		

PART-C		
Learning Resources: Text Books, Reference Books and Others		
Text Books Recommended		
1. Shrivastav, D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra		
2. Woodworth, R.S. & Schlosberg, H Experimental Psychology (1954) Oxford & IBH Publishing company Pvt. Ltd., New Delhi		
Online Resources-		
e-Resources/e-books and e-learning portals		
➤ Swayam Central		
https://swayam.gov.in		
➤ youtube		
Online Resources-		
e-Resources/e-books and e-learning portals		
➤ https://egyankosh.ac.in/handle/123456789/4448		
➤ https://epgp.inflibnet.ac.in/Home		
➤ https://ndl.iitkgp.ac.in/homestudy/humanities		
Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
Internal Assessment:	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance &File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar +Attendance - 05	
	Total Marks- 15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)-20	
	B. Spotting based on tools & technology (written) (Report writing)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

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शहीद नुरसिम खान मेमोरियल
विश्वविद्यालय, रायचूर (उ.प्र.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– III	Session:2024-2025
1	Course Code	PSSE-01T	
2	Course Title	Applied Cognitive Psychology	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Developing an appreciation of how Cognitive Psychology principles can be applied to real life settings and to understand the nature and scope of Applied Cognitive Psychology. ➤ Knowing how to apply principles of cognitive psychology to issues related to face identification. ➤ Understanding the applications of research based on perception and memory to real life settings ➤ Developing an understanding of cognitive psychology applications in the area of technology. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	MinPassingMarks:40
PART-B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Introduction 1.1 Applied Cognitive Psychology: Nature, Scope, and History. 1.2 Emergence of modern cognitive psychology 1.3 Methods of studying applied cognitive psychology (experiment and case study)		12
II	Perception and Attention: 2.1 Perception : Top- Down, Bottom- Up Process, and Size constancy 2.2 Attention: Nature, Types and Determinants		11
III	Thinking and Problem Solving 3.1 Thinking – Nature, Type, 3.2 Tools – Sign, Symbol and Language 3.3 Problem Solving – Nature and Steps		11
IV	Psychology and Technology: 4.1 Human-Computer Interaction, 4.2 Psychological applications of Virtual Reality, 4.3 Psychology of Artificial Intelligence.		11
Keywords		Applied Cognitive Psychology, Attention, Perception, Thinking, Problem-Solving,	

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Human-Computer Interaction, Virtual Reality	
PART-C	
Learning Resources: Text Books, Reference Books and Others	
Text Books Recommended	
1. Singh, A.K. (2017)– <i>Sangyanatmak Manovigyan</i> . Motilal Banarsidas , Delhi 2. Gully Baba (2020), <i>Applied Cognitive Psychology</i> MPC 003 Learning And Memory, Gully Baba Publication Pvt Ltd 3. Galotti, M.K.(2024), <i>Cognitive Psychology: In And Out Of The Laboratory</i> , Sage Text 4. Connolly,I.,Palmer,M.,Barton,H.&Kirwan,G.(eds.), (2016). <i>Introduction to Cyber Psychology</i> . London: Routledge. 5. M. (Eds). (2011). <i>IAAP Handbook of Applied Psychology</i> . UK: Wiley Blackwell.	
Reference Books Recommended	
1. Groome,D.&Eysenck,M.W.(2016). <i>An Introduction to Applied Cognitive Psychology</i> . London; Routledge, Taylor & Francis. 2. Martin, P.R., Cheung, F.M., Knowles, M.C., Kyrios ,M., Littlefield,L.,Overmier, J. B., Prieto, J.	
Online Resources–	
e-Resources/e-books and e-learning portals ➤ Swayam Central https://swayam.gov.in ➤ youtube	
Online Resources–	
e-Resources/e-books and e-learning portals ➤ https://egvankosh.ac.in/handle/123456789/4448 ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities	

Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 100 Marks Continuous Internal Assessment (CIA): 30 Marks End Semester Exam (ESE): 70 Marks		
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar

Dr. Anil Kumar
18/7/24.

Dr. Anil Kumar
10/7/24
अध्यक्ष, मंडल
श्री श्री संस्कृत विश्वविद्यालय
वाराणसी (उ.प्र.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– III	Session:2024-2025
1	Course Code	PSSE-01P	
2	Course Title	Lab Course -1 (Experiment and Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Learn the experimental concept of attention ➤ Learn the experimental concept of perception and problem solving ➤ Understanding the use of AI in learning	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices /Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/performance Periods: 30 Periods (30 Hours)			
Experiment	Topics(Course contents)		No. of Period
1	Division Of Attention		30
2	Size Constancy		
3	Problem Solving Check List		
4	Concept Formation		
Activity-	Uses of AI in Teaching Learning Process		
Keywords	Attention, Size Constancy Problem Solving, Concept Formation, Artificial Intelligence		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
Text Books Recommended	
1. Shrivastav , D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra 2. Woodworth, R.S. & Schlosberg, H Experimental Psychology (1954) Oxford & IBH Publishing company Pvt. Ltd., New Delhi	
Online Resources–	
e-Resources/e-books and e-learning portals	
➤ Swayam Central https://swayam.gov.in ➤ youtube	

18/7/24
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 विद्यया ऽ मृतमश्नुते (उ.प.)
 विश्वविद्यालय, रायचूर (उ.प.)

Online Resources–
e-Resources/e-books and e-learning portals

- ### Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:	
Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks

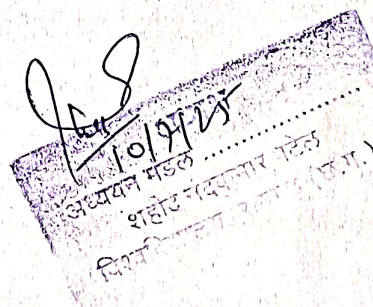
Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar +Attendance - 05 Total Marks- 15	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Conduction of Experiment)- 20 B. Spotting based on tools & technology (written) (Report writing)- 10 C. Viva-voce (based on principle/technology) - 05 Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

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Spektrum
Punch
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Handwritten signatures and initials in black ink. At the top is a signature that appears to be 'Randa'. Below it is a circled 'E' followed by a horizontal line. Further down is a signature that looks like 'Lyn' with a checkmark. At the bottom is a large, stylized signature or set of initials, possibly 'DZ' or 'PZ'.

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18/2/24



FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)

DEPARTMENT OF PSYCHOLOGY

COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– IV	Session:2024-2025
1	Course Code	PSSC-04T	
2	Course Title	Psychological Assessment	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Developing an understanding of the basic principles of psychological assessment. ➤ Developing knowledge about the steps in test construction and test standardization. ➤ Understanding the impact of cultural contexts on assessment ➤ Developing knowledge of the ethical and legal issues involved in the assessment process. ➤ Evaluating the appropriateness and quality of psychological tests and their psychometric strengths and weaknesses. ➤ Developing knowledge about the application of tests in a variety of settings. 	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)	No. of Period	
I	<p>Introduction to Psychological Assessment</p> <p>1.1. Psychological assessment: Principles of assessment, Nature and Purpose</p> <p>1.2. Similarity and Difference between Test and Assessment.</p> <p>1.3. Types of Assessment: Observation, Interview, Questionnaire.</p> <p>1.3 Ethical and Professional Issues and Challenges.</p>	12	
II	<p>Psychological Testing</p> <p>2.1 Definition of a Test and Types of Test</p> <p>2.2 Characteristics of a Good Test</p> <p>2.3 Applications of Psychological Tests in various contexts (Educational, Counseling and Guidance, Clinical, Organizational etc.)</p>	11	

III	Test and Scale Construction 3.1 Test Construction and Standardization: Item Analysis. 3.2 Reliability, Validity, and Norms (characteristics of z-scores, T-scores, Percentiles, Stens and Stanines) 3.3 Scale Construction: Likert, Thurstone, Guttman & Semantic Differential Scale	11
IV	Tests of Cognitive Ability and Personality 4.1 Tests of Cognitive Ability: General Mental Ability Tests (The Wechsler Scales of Intelligence and Stanford-Binet Intelligence Scales) 4.2 Projective Test (Ink-Blot Test and Draw-A-Man-Test)	11
Keywords	<i>Psychological assessment Psychological testing, Test ,Scale, Intelligence test, Projective test , Standardization , Reliability, Validity, Norms</i>	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Aiken, L. R., & Groth - Marnet, G. (2009). Psychological testing and assessment (12th Ed.). New Delhi: Pearson Education.
2. Anastasi, A., & Urbina, S. (2003). Psychological testing (7th Ed.). New Delhi, India: Prentice Hall of India Pvt. Ltd.
3. Barve, B. N., & Narake, H. J. (2008). Manomapan. Nagpur, India: Vidya Prakashana.
4. Cohen, R.J., Swerdlik, M. E. & Kumthekar, M.M. (2014) Psychological Testing and Assessment (7th Ed.). McGraw Hill Education (India) Private Limited, New Delhi.
5. Asthana, V. (2022) Shiksha me Mapan Avam Mulyankan, Agrawal Publications, Sanjay Nagar, Agra.
6. Bhargava, M. (2018) Manovaigyanik Mapan, Mulyankan avam Sankhiyiki, H.P. Bhargava Book House
7. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications, Sanjay Nagar, Agra.
8. Srivastav, D.N. (2016), Manovaigyanik Nirdharan Agrawal Publications Sanjay Nagar, Agra.
9. Singh, A.K. (2019) Tests, Measurements And Research In Behavioural Sciences, Bharti Bhawan

Reference Books Recommended

1. Desai, B., & Abhyankar, S. (2007). Manasashatriya mapan. Pune, India: Narendra Prakashana.
2. Gregory, R. J. (2014). Psychological testing: History, principals and applications. (6th Ed.). Boston: Pearson Education.
3. Husain, A. (2012). Psychological Testing. New Delhi, India: Pearson Education.
4. Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications and issues (8th Ed.). New Delhi, India: Cengage.

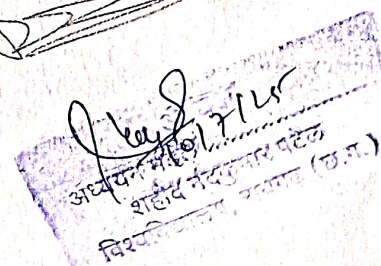
Online Resources-

e-Resources/e-books and e-learning portals

➤ Swayam Central

<https://swayam.gov.in>

➤ youtube



Online Resources-**e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks: 100 Marks
 Continuous Internal Assessment (CIA): 30 Marks
 End Semester Exam (ESE): 70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section - A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

[Signature]

Roche

[Signature] DR. Anantika Kaur

[Signature]

[Signature]

[Signature] Smt. Jyotsna Panchangam

[Signature] Alka Kerketta

[Signature] Tripti Bhatnagar

[Signature] Chhanshu Mishra

[Signature] Dr. A. Deonshar

[Signature] Dr. B. Haran

[Signature] Dr. B. K. Sankar

[Signature]

[Signature] 18/7/24

Page | 26
 18/7/24
 अध्ययन मंडल
 शहीद नंदलाल मिश्रा
 विश्वविद्यालय, रायपुर (उ.प्र.)

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester- IV	Session:2024-2025
1	Course Code	PSSC-04P	
2	Course Title	Lab Course -4 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> ➤ <i>Understanding the testing procedure of interest test, personality test and aptitude test.</i> ➤ <i>Learning the administration of projective test.</i>	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)	No. of Period	
1	Vocational Interest	30	
2	Sentence completion Test		
3	Personality Test		
4	Aptitude Test		
Activity-	Make a comparative chart of personality traits of renowned personality		
Keywords	Vocational Interest, Personality, Aptitude, Personality Traits		
PART-C			
Learning Resources: Text Books, Reference Books and Others			
Text Books Recommended			
1. Shrivastav , D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra			
Online Resources-			
➤ e-Resources/e-books and e-learning portals Swayam Central https://swayam.gov.in youtube			
Online Resources-			
➤ e-Resources/e-books and e-learning portals ➤ https://egyankosh.ac.in/handle/123456789/4448 ➤ https://eppg.inflibnet.ac.in/Home			

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2):	10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar+ Attendance-	05	
	Total Marks-	15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment		
	A. Performed the Task based on lab. Work (Conduction of Test)-	20	
	B. Spotting based on tools & technology (written) (Report writing)-	10	
	C. Viva-voce (based on principle/technology) -	05	
	Total Marks-	35	

Name and Signature of Convener & Members of CBoS:

Dr. A. Kaulhi
DR. A. Kaulhi

DR. A. Kaulhi

DR. Rachita Shrivastava
DR. Rachita Shrivastava

DR. Shuchi
DR. Shuchi

DR. Laxmi
DR. Laxmi

DR. Arunima
DR. Arunima

DR. Smt. Jayshree Panikumar
DR. Smt. Jayshree Panikumar

DR. Anurag
DR. Anurag

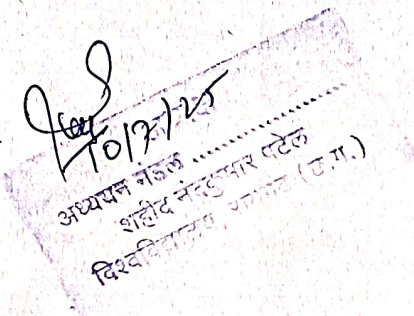
DR. Anurag
DR. Anurag

DR. Anurag
DR. Anurag

DR. Anurag
DR. Anurag

(Dr. B. K. Sankar)
(Dr. B. K. Sankar)

18/7/24
18/7/24



FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– IV	Session:2024-2025
1	Course Code	PSSE-02T	
2	Course Title	Positive Psychology	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: <ul style="list-style-type: none"> ➤ Understanding the conceptual approaches to happiness and wellbeing. ➤ Able to locate the diversity in the experiences of happiness with individual's life span and across different domains. ➤ Learning the various pathways through which positive emotions and positive traits contribute to happiness and well-being. ➤ Being able to identify the key virtues and character strengths which facilitate happiness and well-being. 	
6	Credit Value	03Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)	No. of Period	
I	Introduction <ul style="list-style-type: none"> 1.1 Positive Psychology: Meaning, Definition, Assumptions and Goals. 1.2 Relationship with other fields (Health, Education and Social) 1.3 Meaning and Measures of Happiness and Well-being : Hedonic and Eudemonic traditions. 	12	
II	Happiness and Well-Being <ul style="list-style-type: none"> 2.1 Concept of Happiness and Wellbeing 2.2 Facets of Life; Gender, Love, Marriage, Close Relationship 2.3 Happiness Across the Lifespan 	11	
III	Emotions, Personality Traits and Well-Being <ul style="list-style-type: none"> 3.1 Positive Emotions(Hope, Optimism, Gratitude)and Well-Being 3.2 Cultivating Positive Emotions 3.3 Positive Traits: Personality, Emotions, and Biological bases of Emotions 	11	
IV	Virtues, Character Strengths, and Well-Being <ul style="list-style-type: none"> 4.1 Classification of Human Virtues(Seligman's Approach) 4.2 Wisdom as a Foundational Strength and Virtue; Character 	11	

The bottom of the page contains several handwritten signatures in black ink. There are also two official stamps: one is a circular purple stamp with text in Hindi, and the other is a rectangular purple stamp with the date '10/12/24' and some text in Hindi.

	Strengths and Health. 4.3 Religion and Virtues: Buddhism, Confucianism, Islam, and Hinduism.	
Keywords	Positive psychology, Happiness, Wellbeing, Optimism, Gratitude, Virtues, Character strength, Religion.	

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Seligman, M. E.P.(2002). *Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment*. New York: Free Press/Simon and Schuster.
2. Baumgardner, S.R., Crothers, M.K.(2009). *Positive psychology*. New Delhi, India: Pearson.
3. Carr, A. (2004). *Positive Psychology: The science of happiness and human strength*. UK: Routledge.
4. David, S.A., Boniwell, I., & Ayers, A.C.(2013). *The Oxford handbook of happiness*. Oxford: Oxford University Press.
5. Husain, A., & Saeeduzzafar. (2011). *Islamic virtues and human development*. New Delhi, India: Global Vision Publishing House.
6. Joseph, S.(Ed.)(2015). *Positive psychology in practice: Promoting human flourishing in work, health, education, and everyday life*. Hoboken, NJ: John Wiley & Sons.
7. Kumar, U., Archana, & Prakash, V.(2015). *Positive psychology—Applications in work, health and well-being*. Delhi & Chennai, India: Pearson.

Reference Books Recommended

1. Peterson, C. (2006). *A Primer in Positive Psychology*. New York: Oxford University Press.
2. Snyder, C. R., & Lopez, S.J.(2002). *Handbook of positive psychology*. New York: Oxford University.
3. Snyder, C. R., & Lopez, S.J.(2007). *Positive Psychology: The Scientific and Practical Explorations of Human Strengths*. Thousand Oaks, CA: Sage.

Online Resources—

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources—

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Shubh

Amrinder

Ram Arun

Amrinder

18/7/24

18/7/24
ययन मसल
नर नंदरुनर पदर
(उ.म.)

Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks:	100 Marks	
Continuous Internal Assessment (CIA):	30 Marks	
End Semester Exam (ESE):	70 Marks	
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

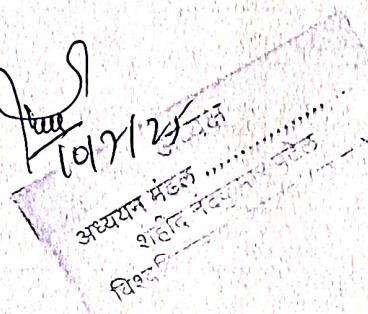
Name and Signature of Convener & Members of CBoS:

[Signature]

[Signature]

DR. Awantika Kaushik

[Signature]



Dr. Raksha Shrivastava

[Signature]

[Signature]

[Signature]

[Signature]

[Signature]

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[Signature]

(Dr. B. K. Sonu)

[Signature]
18/7/24

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

COURSE CURRICULUM			
PART-A: Introduction			
Program: Bachelor in Arts (Diploma/Degree/Honors)		Semester– IV	Session:2024-2025
1	Course Code	PSSE-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability of: ➤ Concept clarification of happiness, optimism. ➤ Concept clarification of wellbeing and mental health.	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)		No. of Period
1	Happiness Scale		30
2	Optimism Scale		
3	Wellbeing Scale		
4	Mental Health		
ACTIVITY-	Positive Psychology through Movies: Selecting any relevant movie/movies and designing tasks based on that, like: Making a chart of positive and negative emotions displayed, Emotion-behavior link, Analysis of character strengths and virtues.		
Keywords	Positive Psychology, Happiness, Optimism, Wellbeing, Mental Health		

PART-C**Learning Resources: Text Books, Reference Books and Others****Reference Books Recommended**

1. Kumar,U.,Archana, & Prakash,V.(2015).*Positive psychology–Applications In work, health and well-being*. Delhi & Chennai, India: Pearson.
2. Authentic happiness by Martin Seligman (2002) *Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment*. New York: Free Press/Simon and Schuster
3. David, S.A. Boniwell, I., & Ayers, A.C.(2013).*The Oxford handbook of happiness*. Oxford: Oxford University Press.
4. Positive Psychology for improving Mental Health and Wellbeing by Geetika Patnayak

Online Resources–**e-Resources/e-books and e-learning portals**

- Swayam Central
<https://swayam.gov.in>
- youtube

Online Resources–**e-Resources/e-books and e-learning portal**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:**

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2):	10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar + Attendance-	05	
	Total Marks-	15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment		
	A. Performed the Task based on lab. Work (Conduction of Test)-		20
	B. Spotting based on tools & technology (written) (Report writing)--		10
	C. Viva-voce (based on principle/technology) -		05
	Total Marks-		35

Name and Signature of Convener & Members of CBoS:

(Signature)
Convener

(Signature)
Dr. Lakshmi Suresh

(Signature)

(Signature)

(Signature)

(Signature) Dr. Rakhi Shrivastava

(Signature)

(Signature) Parth Mittal

(Signature) Dr. S. P. S. S. S.

(Signature) Dr. Chandra Mohan

(Signature) 18/12/24

(Signature) 18/12/24

(Signature) 18/12/24

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

COURSE CURRICULUM			
PART-A:		Introduction	
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester- I/III/IV	Session:2024-2025
1	Course Code	PSVAC- 01	
2	Course Title	Stress Management	
3	Course Type	Value Added Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Learn the concept and causes of stress. ➤ Understand the various techniques of stress management.	
6	Credit Value	02 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Stress: 1.1 Stress: Concept, Symptoms and 1.2 Sources of Stress (Physical, Emotional, Family & Relationship, Financial, Psychological, Work & Workplace Stress and Daily Hassles)		08
II	Stress and Health: 2.1 Stress and Health: Factors that influence Stress 2.2 Reaction to Stress 2.3 Effects of Stress on Health		07
III	Managing Stress: 3.1 Managing Stress: Yoga and Meditations 3.2 Relaxation Training and Biofeedback.		08
IV	Stress and Coping: 4.1 Effective Coping (Meditation , Yoga, Breathing Exercise, Sleep Routine and Nutritional Diet) 4.2 Ineffective Coping (Addiction , Self- Harm and Negative Self- Talks)		07
Keywords	Stress, Symptoms, Sources, Yoga, Meditation Relaxation, Addiction, Negative Self- Talk		

Signature of Convener & Members (CBoS):

PART-C	
Learning Resources: Text Books, Reference Books and Others	
<i>Text Books Recommended</i>	
1) An Introduction to Stress Benjamin B. Lahey. 2). Psychology and work today Duane Schultz. Sydney Ellen Schultz. 3.) Carr A. (2004). Positive Psychology: The science of happiness and human strength. UK: Routledge. 4. DiMatteo, M.R. and Martin, L.R. (2002). Health Psychology. New Delhi: Pearson.	

Page | 115

Chairman

Studies

~~W. J. H. K. N. R.~~

... of ...

Officer-in-Charge (Academic)

Dr. Nandkumar Patel
Raigarh (C.G.)

Reinhardt (C.G.)

Online Resources-

- e-Resources/e-books and e-learning portals
- <https://www.investopedia.com/terms/s/swot.asp>
- <https://www.medicalnewstoday.com/articles/eustress-vs-distress#influential-factors>
- <https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=1kr76qw2h+vltP6ZdaFVbg>

Online Resources-**e-Resources/e-books and e-learning portals**

- Swayam Central
<https://swayam.gov.in>
- youtube

Part-D: Assessment and Evaluation**Suggested Continuous Evaluation Methods:****Maximum Marks:** 50 Marks**Continuous Internal Assessment (CIA):** 15 Marks**End Semester Exam (ESE):** 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar + Attendance - 05 Total Marks - 15	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15 Marks
End Semester Exam (ESE):	Two section - A & B Section A: Q1. Objective - 5 x 1 = 05 Mark; Q2. Short answer type- 5 x 2 = 10 Marks Section B: Descriptive answer type qts., 1 out of 2 from each unit- 4 x 05 = 20 Marks Total Marks = 35	

Name and Signature of Convener & Members of CBoS:

Dr. Shukla
Prabhat Kumar Shukla
Dr. S. K. Mishra
Dr. S. K. Mishra
Dr. S. K. Mishra

Dr. S. K. Mishra
Lali Lal

Dr. B. Hara

Dr. B. K. Samal

Dr. L. N. Panch
Dr. Jay Shree Panchangam
Dr. A. K. Kerketta
Dr. R. P. Bisen
Dr. Chandrahan Thakur
Dr. A. Deouskar

Chairman
Dr. S. K. Mishra
18/12/25

Officer-In-Charge (Academic)
Shahood Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

10/12/25

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate / Diploma / Degree/Honors)		Semester-II/IV	Session:2024-2025
1	Course Code	PSSEC- 01	
2	Course Title	Statistical Package for Science & Social Science (EXCEL, SPSS)	
3	Course Type	Skill Enhancement Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: > Basic understanding of statistics > Skills on statistical calculation and analysis through soft wares	
6	Credit Value	02 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
PART -B: Content of the Course			
Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)			
Module / Unit	Topics (Course contents)		No. of Period
I	1.1 Nature and characteristics of a computer 1.2 Types of computer		08
II	2.1 What is Google form 2.2 How to create Google form, 2.3 Characteristics and functions of Google form.		07
III	3.1 Functions of Excel, and SPSS; 3.2 Data Entry in Excel & SPSS, 3.3 Central Tendencies & Variability		08
IV	4. 1 What is Diagrammatic Representation of data. 4.2 Diagrammatic Representation of Data through Excel and SPSS 4.3 Power Point Presentation of Data		07
Keywords	Computer , Statistics, Google form ,Excel, SPSS Central tendency, Diagrammatic representation		

Dr. B. K. Senthil
Dr. B. K. Senthil
Dr. B. K. Senthil

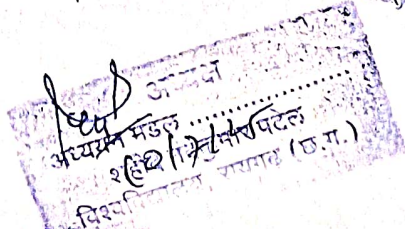
Dr. B. K. Senthil

Dr. B. K. Senthil

Panch. - Jayshree Panchangam

Dr. B. K. Senthil
Dr. B. K. Senthil

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Dr. B. K. Senthil



Officer-In-Charge (Academic)
Shaheed Nandkumar Patel
Vishwavidyalaya, Raigarh (C.G.)

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended -

1. Prasad, L. & Mishra, P. (2022) Data Analysis Using SPSS: Text and Cases, for Researchers, Teachers and Students, Nirali Prakashan
2. Field, A. (2019) Discovering Statistics using IBM SPSS Statistics, SAGE Publications India Pvt Ltd
3. Davis, C. (2013) SPSS step by step: Essentials for social and political science, Bristol University Press,
4. Ghosh, M. (2023) Business Statistics Using Excel, SPSS, and R., Cengage Learning India Pvt. Ltd.

Online Resources-

e-Resources / e-books and e-learning portals

- > <https://egyankosh.ac.in/handle/123456789/4448>
- > <https://epgp.inflibnet.ac.in/Home>
- > <https://ndl.iitkgp.ac.in/homestudy/humanities>

Online Resources-

e-Resources / e-books and e-learning portals

- > Swayam Central
<https://swayam.gov.in>
- > youtube

Part - D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar + Attendance - 05 Total Marks - 15	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15 Marks
End Semester Exam (ESE):	Two section - A & B Section A: Google Form Creation - 10 Marks Section B: Data Entry in Excel & PPT Presentation - 10 Marks Viva - 15 Marks Total Marks - 35 Marks	

Name and Signature of Convener & Members of CBoS:

Dr. A. Deonskar
 Dr. B. K. Sankar
 Dr. P. K. Sankar
 Dr. R. K. Sankar
 Dr. S. K. Sankar
 Dr. T. K. Sankar
 Dr. U. K. Sankar
 Dr. V. K. Sankar
 Dr. W. K. Sankar
 Dr. X. K. Sankar
 Dr. Y. K. Sankar
 Dr. Z. K. Sankar

Chairman
 of Studies
 Shaheed Nandkumar Patel
 Raigarh (C.G.)