



**Four-Year Undergraduate Program (2024-2028)**  
**Department of Psychology**  
**Course curriculum**  
**Certificate Course**

**Program Outcomes (PO)-B.A. Psychology**

- PO1: Have a fundamental knowledge of human behavior and deviancy.
- PO2: Understanding the various perspectives to explain behavior.
- PO3: Developing a perspective towards this own understanding of normal and abnormal behavior.
- PO4: Capability of diagnostic assessment and psychological testing.
- PO5: Have an idea of prognosis of various psychological disorder interventions and guiding the choice of therapy.
- PO6: Become familiar with diverse professional opportunities available within mental health services.
- PO7: Acquires a sense of persistence and continual effort, empathy and responsibility toward sufferers.

**Program Specific Outcomes:**

- PSO1: To able to describe and explain human behavior through deep understanding of its theories and approaches.
- PSO2: To relate one's behavior to its socio-cultural context.
- PSO3: To recognize major events in the historical development of Psychology.
- PSO4: To operationalize the concepts of behavior in the lab and real-life situations:
- PSO5: To develop and acquire skills of psychological assessment,
- PSO6: To be able to progress on the path of higher studies, psychological services and research.

**Four-Year Undergraduate Program (2024-2028)**  
**Department of Psychology**  
**Course curriculum**  
**Diploma Course**

**Program Outcomes (PO)-**

- PO1: A Diploma in Psychology Candidate has acquired sufficient relevant knowledge of behavior for the understanding of behavior disorders and pathologic.
- PO2: The students on complete Diploma shall have a fair knowledge and skills of applying psycho diagnostics
- PO3: They had on exposition and practical opportunities to try therapeutic Interventions on selected patients.
- PO4: They are psychologically prepared to join and complete for a professional training program in future.

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**Officer-In-Charge (Academy)**  
**Shaheed Nandikumar Patel**  
**Vishwavidyalaya, Raigarh (C.G.)**

**Chairman**  
**I Student**  
**Shri. Nandikumar Patel**  
**Chakrapati, Raigarh (C.G.)**



Pos05: They have a fair knowledge of Psychology course to take on high studies and research.

**Program Specific Outcomes -**

PS01: To able to describe and explain human behavior through deep understanding of its theories and approaches. Students would be equipped with foundation skills needed to be a psychologist.

PSO2- To relate one's behavior to its socio-cultural content students would have knowledge to pursue higher education in Psychology.

PS03. To operationalize the concepts of behavior in the lab and real-life situations: students would be able to analyze and resolve psychological issue faced by self and others.

PS04: To develop and acquire "skills of psychological Assessment.

PS05. To be able to progress on the path of higher studies, psychological services and research.

**Four-Year Undergraduate Program (2024-2028)**

**Department of Psychology**

**Course curriculum**

**Degree Course**

**Program Outcomes (PO)-B.A. Psychology**

**PO 1 Critical Thinking:** Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

**PO 2 Effective Communication:** Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.

**PO 3 Social Interaction:** Elicit views of others, mediate disagreements and help reach conclusions in group settings.

**PO 4 Effective Citizenship:** Demonstrate empathetic social concern and equity centered national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.

**PO 5 Ethics:** Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.

**PO 6 Environment and Sustainability:** Understand the issues of environmental contexts and sustainable development.

**PO 7 Self-directed and Life-long Learning:** Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes

**Program Specific Outcomes (PSO)-B.A. Psychology**

PSO 1 Knowledge of basic concepts of Psychology: To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.

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Officer-In-Charge (Academic)  
Shaheed Nandkumar Patel  
Vishwavidyalaya, Raigarh (C.G.)

Chairman  
18/19/24  
Shaheed Nandkumar Patel  
Vishwavidyalaya, Raigarh (C.G.)

**PSO 2 Practical application Skills:** An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings

**PSO 3 Assessment skills:** Basic professional skills pertaining to psychological testing, assessment and counseling.

**PSO 4 Multicultural competence:** To recognize, understand, and respect the complexity of multiculturalism in the practice and application of counseling and psychotherapy.

**Four-Year Undergraduate Program (2024-2028)**  
**Department of Psychology**  
**Course curriculum**  
**Honors Course**

**Program Outcomes (PO)-B.A. Psychology**

**PO 1:** Students will learn scientific methods, basic psychological processes and perspectives in Psychology

**PO 2:** Students will develop skills to live in the social world by understanding psycho aspects of various social phenomena, errors in interaction and theoretical approaches of behavior.

**PO 3:** Students will be equipped with skills to identify and diagnose mental disorders causal and appropriate treatment of different disorders.

**PO 4:** Skilful to identify strategies to Manage organizations more effectively and will be in topics like Leadership, Motivation, Power, Conflict, Negotiation, etc.

**PO 5:** Gain familiarity with skills of observation and scientific reporting in psychology; training, planning and conducting a psychological experiment.

**PO 6:** Equipped with theoretical knowledge, approaches and issues of counseling.

**PO 7:** Acquaint with different mental health problems of children and elderly through internship.

**PO 8:** Familiar with psychological instruments and tools and developed the ability to und self and others.

**PO 9:** Familiar with biological basis of behavior and basic statistical methods psychological research.

**PO 10:** Student will have theoretical knowledge on the process and nature of child development.

**PO 11:** Develop basic skills in conducting scientific research

**Program Specific Outcomes (PO)-B.A. Psychology**

**PSO1:** Student of Advance Course of Psychology to grow in sensitivity, sympathy and empathy towards others.

**PSO2:** Students are Learn to work in a team and develop leadership qualities, accept and respect individual differences and work with responsibility and Commitment.

**PSO3:** Students also develop an understanding about inclusive education and its benefits through the social outcome Outreach Program.

**PSO 4:** Students are encouraged to conduct short empirical and archival researches so that they develop an understanding about application of statistics and research methodology.





**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts</b> <i>(Certificate/Diploma/Degree/Honors)</i>		<b>Semester-I</b>	<b>Session:2024-2025</b>
1	Course Code	PSSC-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: ➤ Learning what psychology is all about. ➤ Appreciation of the scope and the field of psychology. ➤ Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain ➤ Developing familiarity with individual level phenomenon such as intelligence, and personality.	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40

<b>PART-B: Content of the Course</b>		
Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics (Course contents)	No. of Period
<b>I</b>	Introduction: 1.1 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology 1.2 Psychology in India: History and current status 1.3 Methods of psychology: Introspection, Observation, Experiment and Interview 1.4 Biological basis of human behavior: Nervous System and Glands	12
<b>II</b>	Learning, Memory and Perception 2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning); 2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory) 2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory	11
<b>III</b>	Motivation & Emotion 3.1 Approaches to understand Motivation; Maslow and Arousal theory 3.2 Types of Motives (Biological and Social) 3.3 Emotion ; Nature and type	11

*Sharma*

*Pankaj Bhowani*

*Rachu Jaiswas*  
*Arutga*

*Am*

*[Signature]*

**Officer-In-Charge (Academic)**  
 Shaheed Nandkumar Patel  
 Vishwavidyalaya, Raigarh (C.G.)

**Chairman**  
 Studies  
 Shaheed Nandkumar Patel  
 Vishwavidyalaya, Raigarh (C.G.)



	3.4 Emotional Intelligence and Gender	
IV	Individual differences: Personality and Intelligence	11
	4.1 Nature of Personality and Intelligence	
	4.2 Personality: Theories Nature concept, Big Five Personality Traits	
	4.3 Intelligence: Theories (Spearman, Thurston)	
Keywords	<i>Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence</i>	

### PART-C

#### Learning Resources: Text Books, Reference Books and Others

##### Text Books Recommended

1. Mangal, S.K. (2016), General Psychology first edition, Sterling
2. Shrivastav , D.N. (2012), General Psychology first edition, Agrawal Publications , Sanjay Nagar, Agra
3. Shrivastav , D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications , Sanjay Nagar, Agra
4. Singh , A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
5. Singh , A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
6. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
7. Baron, R.& Misra. G.(2014) *Introduction to Psychology*. New Delhi: Pearson
8. Ciccarelli,S.K.&White,J.N.&Misra,G.(2018).*Psychology*.NewDelhi:Pearson Education.
9. Morgan, CT.,King, R., Weisz,J.& Schopler,J.(2017).*Introduction to Psychology*(7<sup>th</sup>Ed). McGraw Hills.
10. Panel Gullybabacom, General Psychology, Gullybaba Publishing House Pvt. Ltd

##### Reference Books Recommended

1. Holt,N.,Bremner,A.,Sutherland,E.,Vliek,M.andPasser,M.,&Smith,R.(2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill
2. Banyard, P., Davies , M. N.O., Norman, C. & Winder, B. (Eds.) (2010).Essential psychology. New Delhi: SAGE Publications

##### Online Resources-

###### e-Resources/e-books and e-learning portals

- Swayam Central  
<https://swayam.gov.in>
- youtube

##### Online Resources-

###### e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Back  
Cover  
Answer

Prakash Mishra  
Anand Mishra  
Anand Mishra  
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Anand Mishra


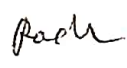

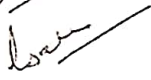
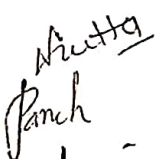
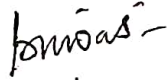



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**Part-D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**  
Maximum Marks: 100 Marks  
Continuous Internal Assessment (CIA): 30 Marks  
End Semester Exam (ESE): 70 Marks

<b>Continuous Internal Assessment (CIA):</b> (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
<b>End Semester Exam (ESE):</b>	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

Chairman  
15/12/24  
Shahood Nandkumar Patel  
Vishwavidyalaya, Raigarh (C.G.)

Officer-In-Charge (Academic)  
Shahood Nandkumar Patel  
Vishwavidyalaya, Raigarh (C.G.)



FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester- I	Session:2024-2025
1	Course Code	PSSC-01P	
2	Course Title	Lab Course -1 (Experiment &Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: <ul style="list-style-type: none"> <li>➤ Concept clarification</li> <li>➤ Applicability of skill development</li> <li>➤ Develop analytical thinking</li> </ul>	
6	Credit Value	01 Credit	Credit =30 Hours Laboratory or Field learning/Training
7	Total Marks	Max.Marks:50	Min Passing Marks:20
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
Experiment	Topics	No. of Period	
1	Effect of set on Perception	30	
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
<b>Activity</b>	The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.		
<b>Keywords</b>	<i>Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition</i>		

*Dr. Anurag*  
*Anurag*  
*Chauhan*  
*Pankaj*  
*Alcrista*  
*Arvind*  
*Kumar*

*Pankaj*  
*Pankaj*  
**Chairman**  
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 18/12/24  
 Vishwavidyalaya, Raigarh (C.G.)

Officer-In-Charge (Academic)  
 Shahood Nandkumar Patel  
 Vishwavidyalaya, Raigarh (C.G.)





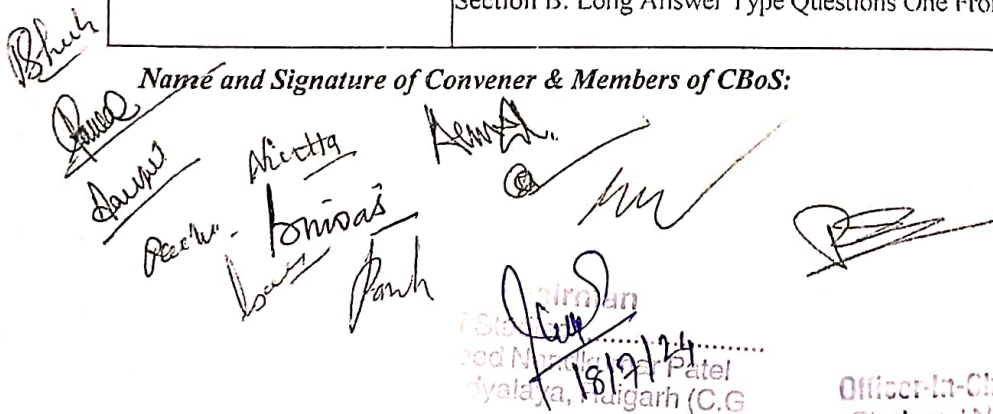
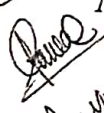
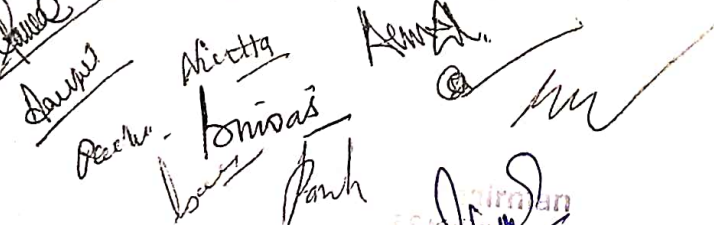
**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester– II	Session:2024-2025
1	Course Code	PSSC-02T	
2	Course Title	Psychology of Disorders	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will have ability to: > Establish the criteria of Normality and Abnormality. > Learns about the Models of Psychopathology. > Get equipped with Assessment of Psychopathology. > Acquire the general idea of Anxiety Disorders and Obesity. > Know the facts about Mood Disorders, & Personality Disorders.	
6	Credit Value	03 Credit	(Credit=15Hours-learning&Observation)
7	Total Marks	Max.Marks:100	Min Passing Marks:40
<b>PART-B: Content of the Course</b>			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Psychopathology 1.1 The concept and criterion of Normality and Abnormality 1.2 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive		12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI		11
III	Anxiety 3.1Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)		11
IV	Mood and Personality Disorders 4.1 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder		11
Keywords	Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder		

<b>PART-C</b>
<b>Learning Resources: Text Books, Reference Books and Others</b>
<b>Text Books Recommended</b>
<ol style="list-style-type: none"> <li>1. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd</li> <li>2. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.</li> <li>3. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill</li> <li>4. G. Sarason Irwin &amp; R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education</li> <li>5. Singh, L. &amp; Tiwari. G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar.</li> <li>6. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi</li> </ol>
<b>Reference Books Recommended</b>
<ol style="list-style-type: none"> <li>1. Buss, A.H. (1999) – Psychopathology N.Y .John Wiley</li> <li>2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson</li> </ol>
<b>Online Resources–</b>
<b>e-Resources/e-books and e-learning portals</b>
<ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ Youtube</li> </ul>
<b>Online Resources–</b>
<b>e-Resources/e-books and e-learning portals</b>
<ul style="list-style-type: none"> <li>➤ <a href="https://egyankosh.ac.in/handle/123456789/4448">https://egyankosh.ac.in/handle/123456789/4448</a></li> <li>➤ <a href="https://eppg.inflibnet.ac.in/Home">https://eppg.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>

<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

**Name and Signature of Convener & Members of CBoS:**


  
 Convener: 
  
 Members: 



**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors))		Semester– II	Session:2024-2025
1	Course Code	PSSC-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will develop : ➤ Assessment Ability ➤ Understanding of Psychological Test	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
<b>PART-B: Content of the Course</b>			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)		No. of Period
1	Anxiety Test		30
2	Big Five Personality test		
3	Depression Test		
4	Intelligence Test		
Keywords	Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality		

<b>PART-C</b>	
<b>Learning Resources: Text Books, Reference Books and Others</b>	
<i>Text Books Recommended</i>	
1. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 2. Buss, A.H. (1999) – Psychopathology N.Y. John Wilcy 3. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson 4. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra	
<b>Online Resources–</b>	
<b>e-Resources/e-books and e-learning portals</b>	
Swayam Central ➤ <a href="https://swayam.gov.in">https://swayam.gov.in</a> ➤ <a href="https://egvankosh.ac.in/handle/123456789/4448">https://egvankosh.ac.in/handle/123456789/4448</a>	

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Chairman  
 Student  
 Nandkumar Patel  
 (C.G.)  
 18/12/24

**Online Resources-**

e-Resources/e-books and e-learning portals

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkcp.ac.in/homestudy/humanities>

**Part-D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

Maximum Marks: 50 Marks  
Continuous Internal Assessment (CIA): 15 Marks  
End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test/ Quiz-(2):	10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar + Attendance -	05	
	Total Marks -	15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment		
	A. Performed the Task based on lab. Work (Conduction of Test) -		20
	B. Spotting based on tools & technology (written) (Report writing)-		10
	C. Viva-voce (based on principle/technology) -		05
	Total Marks-		35

**Name and Signature of Convener & Members of CBoS:**

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*[Signature]*

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Chairman  
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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts</b> <i>(Certificate/Diploma/Degree/Honors)</i>		<b>Semester-I</b>	<b>Session:2024-2025</b>
1	Course Code	PSGE-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	<i>Generic Elective</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> <li>➤ <i>Learning what psychology is all about.</i></li> <li>➤ <i>Appreciation of the scope and the field of psychology.</i></li> <li>➤ <i>Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain</i></li> <li>➤ <i>Developing familiarity with individual level phenomenon such as intelligence, and personality.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max.Marks:100	Min Passing Marks:40

**PART-B: Content of the Course**  
Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)

Unit	Topics (Course contents)	No. of Period
<b>I</b>	Introduction: 1.5 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology 1.6 Psychology in India: History and current status 1.7 Methods of psychology: Introspection, Observation, Experiment and Interview 1.8 Biological basis of human behavior: Nervous System and Glands	<b>12</b>
<b>II</b>	Learning, Memory and Perception 2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning); 2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory) 2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory	<b>11</b>
<b>III</b>	Motivation & Emotion 3.5 Approaches to understand Motivation; Maslow and Arousal theory 3.6 Types of Motives (Biological and Social) 3.7 Emotion ; Nature and type	<b>11</b>

Chairman  
 Shaheed Nandkumar Patel  
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Officer-in-Charge  
 Shaheed Nandkumar Patel  
 Vishwavidyalaya, Raigarh (C.G.)

	3.8 Emotional Intelligence and Gender	
IV	Individual differences: Personality and Intelligence 4.3 Nature of Personality and Intelligence 4.4 Personality: Theories Nature concept, Big Five Personality Traits 4.3 Intelligence: Theories (Spearman, Thurston )	11
Keywords	<i>Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence</i>	

<b>PART-C</b>
<b>Learning Resources: Text Books, Reference Books and Others</b>
<b>Text Books Recommended</b>
<p>11. Mangal, S.K. (2016), General Psychology first edition, Sterling</p> <p>12. Shrivastav , D.N. (2012), General Psychology first edition, Agrawal Publications , Sanjay Nagar, Agra</p> <p>13. Shrivastav , D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications , Sanjay Nagar, Agra</p> <p>14. Singh , A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi</p> <p>15. Singh , A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi</p> <p>16. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi</p> <p>17. Baron, R.&amp; Misra. G.(2014) <i>Introduction to Psychology</i>. New Delhi: Pearson</p> <p>18. Ciccarelli,S.K.&amp; White,J.N.&amp;Misra,G.(2018).<i>Psychology</i>.NewDelhi:Pearson Education.</p> <p>19. Morgan, CT.,King, R., Weisz,J.&amp; Schopler,J.(2017).<i>Introduction to Psychology</i>(7<sup>th</sup>Ed). McGraw Hills.</p> <p>20. Panel Gullybabacom. General Psychology, Gullybaba Publishing House Pvt. Ltd</p>
<b>Reference Books Recommended</b>
<p>1. Holt,N.,Bremner,A.,Sutherland,E.,Vliek,M.andPasser,M.,&amp;Smith,R.(2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill</p> <p>2. Banyard, P., Davies , M. N.O., Norman, C. &amp; Winder, B. (Eds.) (2010).Essential psychology. New Delhi: SAGE Publications</p>
<b>Online Resources-</b>
<b>e-Resources/e-books and e-learning portals</b>
<ul style="list-style-type: none"> <li>➤ Swayam Central</li> <li>➤ <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul>
<b>Online Resources-</b>
<b>e-Resources/e-books and e-learning portals</b>
<ul style="list-style-type: none"> <li>➤ <a href="https://egyankosh.ac.in/">https://egyankosh.ac.in/</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>

*Shukla*  
*Ramesh*

*Arun*  
*Ravi*  
*Ramesh*  
*Arjun*

*Arjun*  
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*[Signature]*

*Shirman*  
*Studies*  
*Shirman Patel*  
*Raigarh (C.G)*









<b>PART-C</b>		
<b>Learning Resources: Text Books, Reference Books and Others</b>		
<b>Text Books Recommended</b>		
3. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications, Sanjay Nagar, Agra		
4. Woodworth, R.S. & Schlosberg, H. (1954). Experimental Psychology Oxford & IBH Publishing company Pvt. Ltd., New Delhi		
<b>Online Resources-</b>		
<b>e-Resources/e-books and e-learning portals</b>		
➤ Swayam Central		
<a href="https://swavam.gov.in">https://swavam.gov.in</a>		
➤ youtube		
<b>Online Resources-</b>		
<b>e-Resources/e-books and e-learning portals</b>		
➤ <a href="https://egyankosh.ac.in/">https://egyankosh.ac.in/</a>		
➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a>		
➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>		
<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
Maximum Marks:		50 Marks
Continuous Internal Assessment (CIA):		15 Marks
End Semester Exam (ESE):		35 Marks
<b>Internal Assessment:</b>	Internal Test / Quiz-(2):	10 & 10
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance -	05
	Total Marks-	15
	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)-	20
	B. Spotting based on tools & technology (written) (Report writing)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

**Name and Signature of Convener & Members of CBoS:**

*Dr. Rachita Shrivastava*  
*Dr. Jayshree Panchangam*

*Dr. A. Deveshwar*  
*Dr. A. Deveshwar*

*Dr. Rachita Shrivastava*  
*Dr. Jayshree Panchangam*

*Dr. A. Deveshwar*  
*Dr. A. Deveshwar*

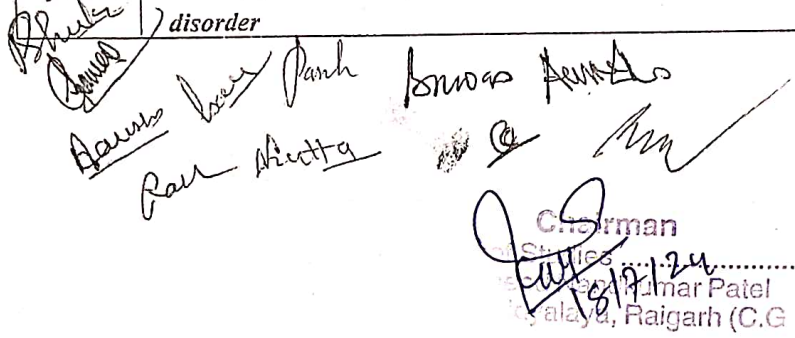
*Dr. A. Deveshwar*  
*Dr. A. Deveshwar*

**Officer-In-Charge (Academic)**  
**Shaheed Nandkumar Patel**  
**Vishwavidyalaya, Raigarh (C.G.)**

*Dr. A. Deveshwar*  
*Dr. A. Deveshwar*  
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**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>		
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester- II
Session:2024-2025		
1	Course Code	PSGE-02T
2	Course Title	Psychology of Disorders
3	Course Type	Generic Elective
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> <li>➤ Establish the criteria of Normality and Abnormality.</li> <li>➤ Learns about the Models of Psychopathology.</li> <li>➤ Get equipped with Assessment of Psychopathology.</li> <li>➤ Acquire the general idea of Anxiety Disorders and Obesity.</li> <li>➤ Know the facts about Mood Disorders, &amp; Personality Disorders.</li> </ul>
6	Credit Value	03 Credit (Credit=15Hours-learning&Observation)
7	Total Marks	Max.Marks:100 Min Passing Marks:40
<b>PART-B: Content of the Course</b>		
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics(Course contents)	No. of Period
I	Psychopathology 1.4 The concept and criterion of Normality and Abnormality 1.5 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive	12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI	11
III	Anxiety 3.1Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)	11
IV	Mood and Personality Disorders 4.2 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder	11
<b>Keywords</b>	<i>Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder</i>	


  
 Chairman  
 Dr. Anurag Kumar Patel  
 Raigarh (C.G.)

Page | 111  
 Officer-In-Charge (Academic)  
 Shaheed Nandkumar Patel  
 Vishwavidyalaya, Raigarh (C.G.)



**PART-C**

**Learning Resources: Text Books, Reference Books and Others**

**Text Books Recommended**

7. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd
8. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.
9. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill
10. G. Sarason Irwin & R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education
11. Singh, L. & Tiwari, G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar.
12. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi

**Reference Books Recommended**

1. Buss, A.H. (1999) – Psychopathology N.Y .John Wilcy
2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson

**Online Resources–**

**e-Resources/e-books and e-learning portals**

- Swayam Central  
<https://swayam.gov.in>
- Youtube

**Online Resources–**

**e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Part-D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

Maximum Marks: 100 Marks  
Continuous Internal Assessment (CIA): 30 Marks  
End Semester Exam (ESE): 70 Marks

<b>Continuous Internal Assessment (CIA):</b> (By Course Teacher)	Internal Test / Quiz-(2): 20 +20	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
	Assignment / Seminar - 10	
	Total Marks - 30	

<b>End Semester Exam (ESE):</b>	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks
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Name and Signature of Convener & Members of CBoS:

*Sharma*  
*Prabhu*  
*Indra*

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**Officer-In-Charge (Academic)**  
Shaheed Nandkumar Patel  
Vishwavidyalaya, Raigarh (C.G.)

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors))		Semester- II	Session:2024-2025
1	Course Code	PSGE-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Generic Elective (Laboratory Course)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will develop : > Assessment Ability > Understanding of Psychological Test	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
<b>PART-B: Content of the Course</b>			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)	No. of Period	
1	Anxiety Test	30	
2	Big Five Personality test		
3	Depression Test		
4	Intelligence Test		
Keywords	Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality		

<b>PART-C</b>	
<b>Learning Resources: Text Books, Reference Books and Others</b>	
<i>Text Books Recommended</i>	
5. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 6. Buss, A.H. (1999) – Psychopathology N.Y. John Wilcy 7. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson 8. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra	
<b>Online Resources-</b>	
e-Resources/e-books and e-learning portals	
Swayam Central	
<a href="https://swayam.gov.in">https://swayam.gov.in</a>	
<a href="https://eayankosh.ac.in/handle/123456789/4448">https://eayankosh.ac.in/handle/123456789/4448</a>	

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Chairman  
 of Studies  
 Dr. Nandkumar Patel  
 Vishwavidyalaya, Raigarh

Officer-In-Charge (Academic)  
 Shaheed Nandkumar Patel  
 Vishwavidyalaya, Raigarh (C.G.)



**Online Resources-**

e-Resources/e-books and e-learning portals

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Part-D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

Maximum Marks: **50 Marks**  
 Continuous Internal Assessment (CIA): **15 Marks**  
 End Semester Exam (ESE): **35 Marks**

<b>Internal Assessment:</b>	Internal Test/ Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15 Marks</b>
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - <b>05</b>	
	Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Test) -	<b>20</b>
	B. Spotting based on tools & technology (written) (Report writing) -	<b>10</b>
	C. Viva-voce (based on principle/technology) -	<b>05</b>
	Total Marks -	<b>35</b>

**Name and Signature of Convener & Members of CBoS:**

*Shubha*  
*Prabhavati Shukla*

*Pranav*  
*Wadhvani*

*Aarshvi*  
*Awardhary*

*Leela*  
*Lele*

*Deekhi - Dr Rachita Shrivastava*

*Panch - Jayshree Panchangam*

*Aruna - Alka Kerketta*

*Amrita - Nishi Bhowas*

*Amrita - Chansheela Tripathy*

*Amrita - Dr. A. Deoushan*

*Amrita - Dr. B. Haran*

*Amrita - Dr. B. K. Sankar*

*Chairman*  
*of Studies*  
*Shahood Nandkumar Patel*  
*18/11/19*  
*Vishwavidyalaya, Raigarh (C.G.)*

**Officer-In-Charge (Academic)**  
 Shahood Nandkumar Patel  
 Vishwavidyalaya, Raigarh (C.G.)

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>	
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)	Semester- I/III/V
Session:2024-2025	
1	Course Code <b>PSVAC- 01</b>
2	Course Title <b>Stress Management</b>
3	Course Type <b>Value Added Course</b>
4	Pre-requisite(if, any) <i>As per program</i>
5	Course Learning Outcomes(CLO) After the completion of course, the students will have ability to: ➤ Learn the concept and causes of stress. ➤ Understand the various techniques of stress management.
6	Credit Value <b>02 Credit</b> <span style="float: right;"><i>Credit = 15 Hours - learning &amp; Observation</i></span>
7	Total Marks <span style="float: right;">Max.Marks:50</span> <span style="float: right;">MinPassingMarks:20</span>

**PART-B: Content of the Course**  
**Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)**

Unit	Topics (Course contents)	No. of Period
I	Stress: 1.1 Stress: Concept, Symptoms and 1.2 Sources of Stress (Physical, Emotional, Family & Relationship, Financial, Psychological, Work & Workplace Stress and Daily Hassles)	08
II	Stress and Health: 2.1 Stress and Health: Factors that influence Stress 2.2 Reaction to Stress 2.3 Effects of Stress on Health	07
III	Managing Stress: 3.1 Managing Stress: Yoga and Meditations 3.2 Relaxation Training and Biofeedback.	08
IV	Stress and Coping: 4.1 Effective Coping (Meditation , Yoga, Breathing Exercise, Sleep Routine and Nutritional Diet) 4.2 Ineffective Coping (Addiction , Self- Harm and Negative Self- Talks)	07
<b>Keywords</b> <i>Stress, Symptoms, Sources, Yoga, Meditation Relaxation, Addiction, Negative Self- Talk</i>		

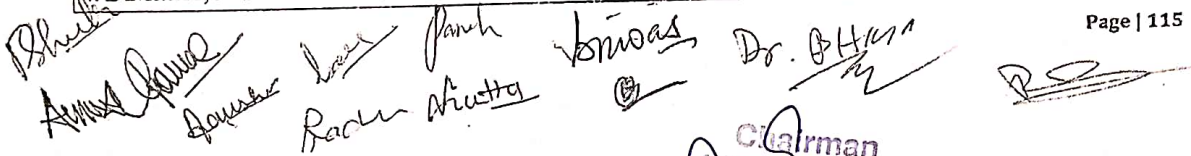
**Signature of Convener & Members (CBoS):**

**PART-C**

**Learning Resources: Text Books, Reference Books and Others**

**Text Books Recommended**

- 1) An Introduction to Stress Benjamin B. Lahey.
- 2). Psychology and work today Duane Schultz. Sydney Ellen Schultz.
- 3.) Carr A. (2004). Positive Psychology: The science of happiness and human strength. UK: Routledge.
4. DiMatteo, M.R. and Martin, L.R. (2002). Health Psychology. New Delhi: Pearson.

  
**Chairman**  
 Chandan Kumar Patel  
 Raigarh (C.G.)  
**Officer-in-Charge (Academic)**  
 Shekhar Nandkumar Patel  
 Raigarh (C.G.)



<b>Online Resources-</b>		
<ul style="list-style-type: none"> <li>➤ e-Resources/e-books and e-learning portals</li> <li>➤ <a href="https://www.investopedia.com/terms/s/swot.asp">https://www.investopedia.com/terms/s/swot.asp</a></li> <li>➤ <a href="https://www.medicalnewstoday.com/articles/eustress-vs-distress#influential-factors">https://www.medicalnewstoday.com/articles/eustress-vs-distress#influential-factors</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=1kr76qw2h+vltP6ZdaFVbg">https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=1kr76qw2h+vltP6ZdaFVbg</a></li> </ul>		
<b>Online Resources-</b>		
<b>e-Resources/e-books and e-learning portals</b>		
<ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul>		
<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
Maximum Marks: 50 Marks		
Continuous Internal Assessment (CIA): 15 Marks		
End Semester Exam (ESE): 35 Marks		
<b>Internal Assessment:</b>	Internal Test / Quiz-(2): 10 & 10	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - 05	
	Total Marks - 15	
<b>End Semester Exam (ESE):</b>	Two section - A & B	
	Section A: Q1. Objective -	5 x1= 05 Mark;
	Q2. Short answer type-	5x2 =10Marks
	Section B: Descriptive answer type qts., 1out of 2 from each unit- 4x05 =20 Marks	
		<b>Total Marks = 35</b>

Name and Signature of Convener & Members of CBoS:

Shreeraj  
Prabhakar Shrinivas  
Dhruv  
Anurag  
Anant  
Lalit

Dr. B. Hanu

(Dr. B. Hanu)

Dr. L. N.  
Panchajanya  
Ajitha - AIKA Kerketta  
Dipti Bosen  
Chandhyan Thar  
Dr. A. Deoskar

Chairman  
18/12/24

Officer-In-Charge (Academic)  
Shaheed Nandkumar Patel  
Vishwavidyalaya, Raigarh (C.G.)

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>		
Program: Bachelor in Arts (Certificate / Diploma / Degree/Honors)		Semester-II/IV
Session:2024-2025		
1	Course Code	PSSEC- 01
2	Course Title	Statistical Package for Science & Social Science ( EXCEL, SPSS)
3	Course Type	Skill Enhancement Course
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: > Basic understanding of statistics > Skills on statistical calculation and analysis through soft wares
6	Credit Value	02 Credit Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 50 Min Passing Marks: 20
<b>PART -B: Content of the Course</b>		
Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)		
Module / Unit	Topics (Course contents)	No. of Period
I	1.1 Nature and characteristics of a computer 1.2 Types of computer	08
II	2.1 What is Google form 2.2 How to create Google form, 2.3 Characteristics and functions of Google form.	07
III	3.1 Functions of Excel, and SPSS; 3.2 Data Entry in Excel & SPSS, 3.3 Central Tendencies & Variability	08
IV	4. 1 What is Diagrammatic Representation of data. 4.2 Diagrammatic Representation of Data through Excel and SPSS 4.3 Power Point Presentation of Data	07
Keywords	Computer , Statistics, Google form ,Excel, SPSS Central tendency, Diagrammatic representation	

*Dr. Shubha  
 Dr. Anand  
 Dr. Anand*

*Dr. B. K. Sankh*

*Dr. B. K. Sankh*

*Pankaj  
 Pankaj - Jayshree Panchangam*

*Anita  
 Anand*

*Chairman  
 Anand Kumar Patel  
 Vishwavidyalaya, Raigarh (C.G.)  
 19/12/24*

**Officer-In-Charge (Academic)**  
**Shahood Nandkumar Patel**  
**Vishwavidyalaya, Raigarh (C.G.)**



